The Routledge International Handbook of Critical Mental Health offers the most comprehensive collection of theoretical and applied writings to date with which students, scholars, researchers, and practitioners within the social and health sciences can systematically problematise the practices, priorities, and knowledge base of the western system of mental health. With the continuing contested nature of psychiatric discourse and the work of psy-professionals, this book is a timely return to theorising the business of mental health as a social, economic, political, and cultural project; one which necessarily involves the consideration of wider societal and structural dynamics including labelling and deviance, ideological and social control, professional power, consumption, capital, neoliberalism, and self-governance. Featuring original essays from some of the most established international scholars in the area, the Handbook discusses and provides updates on critical theories of mental health from labelling, social constructionism, antipsychiatry, Foucauldian, and Marxist approaches, to critical feminist, race and queer theory, critical realism, critical cultural theory, and mad studies. Over five substantive sections, the collection additionally demonstrates the application of such theoretical ideas and scholarship to key topics including medicalisation and pharmaceuticalisation, the DSM, global psychiatry, critical histories of mental health, and talk therapy.

This book brings together two bodies of knowledge - wellbeing and recovery. Wellbeing and 'positive' approaches are increasingly influencing many areas of society. Recovery in mental illness has a growing empirical evidence base. For the first time, overlaps and cross-fertilisation opportunities between the two bodies of knowledge are identified. International experts present innovations taking place within the mental health system, which include wellbeing-informed new therapies, e-health approaches and peer-led recovery communities. State-of-the-art applications of wellbeing to the wider community are also described, across education, employment, parenting and city planning.

This new edition of a bestselling, evidence-based textbook provides a comprehensive overview of psychiatric and mental health nursing. Keeping service users and their recovery at the centre of care, the holistic approach will help nurses to gain the tools and understanding required to work in this complex area. Extensively updated for this new edition, the text looks at: * Aspects of mental health nursing: covering topics such as ethics, developing therapeutic relationships and supervision.

* The foundations of mental health nursing: discussing diagnosis, assessment and risk. * Caring for those experiencing mental health distress: looking at wide range of troubles including anxiety, bipolar disorder, eating disorders and issues around sexuality and gender. * Care planning and approaches to therapeutic practice: exploring ideas, pathways and treatments such as recovery, CBT, psychodynamic therapies and psychopharmacology. * Services and support for those with mental health distress: covering topics such as collaborative work, involvement of service users and their families and carers, and a range of different mental healthcare settings. * Mental health nursing in the twenty-first century; highlighting emerging and future trends including the political landscape, physical health and health promotion, and technological advances. This accessible and comprehensive textbook integrates service user perspectives throughout and includes student-friendly features such as learning outcomes, key points summaries, reflection points and further reading sections.
Key Concepts in Mental Health

Now in its 4th edition, this text continues to give you a complete and concise overview of mental health and all the issues that surround it from a theoretical and practical perspective. Restructured into 4 sections, the book starts by defining mental health and mental abnormality before examining the mental health services and the place mental health takes in society. Fully updated, the book offers: 66 bite-sized chapters including new ones on the Biopsychosocial Model, trauma and mindfulness Key points summarising what you need to know for study and practice Examples of further reading to help you expand your knowledge It is essential reading for students of health, nursing, mental health, social work and social care. It is also valuable reading for students of counselling and psychotherapy.

Fundamentals of Mental Health Nursing

Fundamentals of Mental Health Nursing is an accessible evidence-based introduction to the role of the mental health nurse. This comprehensive overview explores concepts of mental health and distress, ethics and accountability, key nursing models to be aware of, and the prevalences, predisposing factors and features of the most commonly occurring mental health problems. KEY FEATURES: * Places mental health conditions and interventions within a wider holistic context * Situates Recovery at the centre of mental health nursing practice * Links key concepts to mental health across the lifespan * Contains learning outcomes in each chapter and includes scenarios and vignettes to root concepts in real-life practice Information is placed in a practice context from the outset, making this an essential guide to both the theory and the practice of mental health nursing.

It is ideal for students on courses relating to mental health care, as well as for registered nurses and health care practitioners looking to revise their knowledge of key concepts.

Psychosocial Assessment in Mental Health

Psychosocial and holistic approaches to assessment have become a central feature of modern mental health care. This practical and comprehensive book guides students through the theory and practice of psychosocial assessments to help them integrate the data as preparation for the effective planning of treatment and interventions.

Key features:
* step-by-step guide on how to undertake each stage of the assessment process in practice
* clinical staff and service users voices describing their experiences of the process
* end of chapter exercises
* reflections and considerations for practice

This is essential reading for pre-registration nursing students and mental health professionals.

Pilot Mental Health Assessment and Support

The presentation of mental illness at work has different implications and consequences depending on the specific nature of the job, work context, regulatory framework and risks for the employee, organisation and society. Naturally there are certain occupational groups where human factors and/or mental illness could impair safety and mental acuity, and with potentially devastating consequences. For pilots, the medical criteria for crew licensing are stipulated by regulatory aviation authorities worldwide, and these include specific mental illness exclusions. The challenge of assessment for mental-health problems is, however, complex and the responsibility for psychological screening and testing falls to a range of different specialists and groups including AMEs (authorised aviation medical examiners), GPs and physicians, airline human resources departments, psychologists, human factor specialists and pilots themselves. Extending and developing the ideas of Aviation Mental Health (Ashgate, 2006), which described a range of psychological issues and problems that may affect pilots and the consequences of these, this book presents an authoritative, comprehensive and practical guide to modern, evidence-based practice in the field of mental-health assessment, treatment and care. It features contributions from experts in the field drawn from several countries, professions and representing a range of aviation-related organisations, displaying a range of different skills and methods that can be used for the clinical assessment of pilots and in relation to specific mental-health problems and syndromes.